

# CHUNKY MOVE

## Experiences for Schools Information

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### CHUNKY MOVE

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**Chunky Move** offers dance workshops through its **Experiences for Schools** program, giving students the opportunity to connect with working industry professionals and expand their understanding of contemporary dance.

These workshops are taught by company artists, who all have significant teaching experience across age and ability as active professionals within Melbourne's vibrant contemporary dance industry. Our workshop facilitators are generous, supportive, and inclusive.

We have a range of workshops on offer, suitable from Primary age to VCE level, each tailorable to meet your students' needs.

Visit our studios in the heart of Melbourne's Southbank arts precinct or let one of our facilitators come to you. Each experience can be offered as an excursion, incursion, or as a live digital offering via Zoom for regional or interstate schools.

## ENQUIRIES & BOOKINGS

Request a workshop for your school via the form below contact our Office & Program Coordinator on (03) 9645 5188 or [info@chunkymove.com.au](mailto:info@chunkymove.com.au)

## **AVAILABLE WORKSHOPS**

### **CONTEMPORARY TECHNIQUE CLASS**

This class contains a strong focus on:

- establishing correct alignment through movement and stillness
- developing awareness of one's centre of gravity
- embodying a grounded and fluid approach to movement sequences

### **COMPOSITION WORKSHOP**

Tailored around the VCE Composition Solo Assessment, this workshop provides students the necessary tools to feel confident in the creation of their own choreography.

Students will:

- gain an understanding of how to challenge themselves when trying to expand to their movement vocabulary
- learn how to find variation in form and movement quality through guided tasks led by the facilitator
- enhance their skills in delivering an intention through their individual compositions

### **IMPROVISATION WORKSHOP**

This workshop provides students a more in depth understanding of improvisation techniques and helps them develop courage and confidence through impromptu movement.

Through guided improvisation and creative tasks, students will:

- generate new movement vocabulary
- grow knowledge for developing an improvisation toolkit to assist both choreographic process and performance skills

### **LEARNT WORKS FOR VCE**

Students are provided the opportunity to experience repertoire from Chunky Move productions as part of their VCE Learnt Works. Students will learn choreography and engage in creative tasks used in the creation of works including *Token Armies* or *Universal Estate*.

Both Learnt Works have the potential to deepen students understanding of contemporary dance practice and will help students understand the relationship between intention and choreographic outcomes.

Minimum requirement 4x 90-minute sessions

*Token Armies*: Minimum 10 Dancers

*Universal Estate*: Minimum 2 Dancers

## **PRIMARY SCHOOL MOVEMENT CLASS**

A fun and engaging movement class for primary groups, the session will reflect on elements of teamwork, kinaesthetic awareness, coordination and problem-solving skills as students are taken through:

- a warmup
- movement games and tasks
- a choreographed dance sequence

## **PRESCHOOL / EARLY PRIMARY AGED CHILDREN MOVEMENT CLASS**

This class focuses on joyful, responsive, free movements and expression offering participants a broad range of physical actions utilising mobility, strength and endurance. This structured creative experience encourages participation and collaboration, and builds coordination, muscle memory and self-esteem. Students will gain an awareness and appreciation of oneself and others through teamwork and problem-solving activities.

Duration: 20 minutes

Age suitability: 4 – 8

## **BOOKING OPTIONS**

### **EXCURSION**

Dance workshops are held at Chunky Move's purpose-built dance studios, featuring sprung flooring, moveable mirrors and high-quality audio system. Situated in the heart of Melbourne's arts precinct, the studios are easily accessible by public transport.

### **INCURSION**

On request, dance workshops can be held at your school. Please bear in mind that you must be able to provide a suitable space and that an extra fee may apply to cover the travel expense of the workshop facilitator.

### **ONLINE**

For schools located beyond metropolitan Melbourne, our workshops can be delivered live via Zoom. Schools must ensure students have an appropriate space to participate in, with room to move and suitable flooring for dancing bare foot.

## OUR STUDIOS

Chunky Move is located at 111 Sturt Street, Southbank VIC 3006.

Our purpose-built venue in Southbank has two studios, with sprung flooring and iconic orange panelling.

These spaces are otherwise used for company rehearsals, performances, and our public classes program.



## WHEELCHAIR / FLAT ACCESS

Chunky Move is fully wheelchair accessible via a lift at the main entrance, with a wheelchair accessible bathroom.

## TAKING PUBLIC TRANSPORT TO CHUNKY MOVE

If taking Public Transport, there are two tram options, both connecting with Flinders Street Station:

Take Route 1, and alight at Stop 18/Grant Street. Continue south down Sturt Street to ACCA's front door at 111 Sturt Street. If you are standing facing the ACCA front doors, you will see a courtyard on the right side of this building. Enter the courtyard and towards the end on the left of the courtyard is a large Chunky Move sign. This is our front door. Walk towards this sign.

Alternatively, take Routes 3, 5, 16, 64, 67, 72 along St Kilda Road. Alight at Stop 17/Police Memorial (accessible tram stop), cross St Kilda Road and continue down Grant Street. Walk past the big yellow sculpture and through the large undercroft. The glass door to our building is immediately on your right once you walk through the undercroft into the courtyard.

For further information on how to access Chunky Move via public transport, please view the video produced by RISING on our [website](#). A version is also available in Auslan on the same page.

## SOCIAL STORY FOR VISITING CHUNKY MOVE

This is a step-by-step visual and written guide for visitors to Chunky Move, to assist planning their visit. This social story provides information on how to access the Chunky Move building, what to expect when you enter, and who to ask for assistance.

You download it [here](#) and if you wish to, edit these stories and tailor to your planned visit, or watch the social story in Auslan [here](#).

# TESTIMONIAL

“Being able to offer my students such enriching experiences, with such creative and talented artists it’s just the absolute highlight of my job and they really loved their experience.”

- School teacher feedback 2023

